

Walking and Climbing

There are countless walks in the area, starting with gentle and sheltered low level terrain at Glencoe Lochan and Signal Rock. Glencoe Lochan offers three well marked trails through the woods and around the Lochan itself. Wonderful views can be had of the Pap of Glencoe and across Ballachulish to Beinn a' Bheithir. Signal Rock is situated just before the Clachaig Inn with signposted trails winding their way through the woods.

The Lost Valley (2 hours round trip) is one of the most famous walks in Glencoe, and rightly so. The short sharp ascent and stream crossing are well worth the effort as you become more and more immersed in the mountains around you. The views in the valley itself are very atmospheric, even on a dreich and misty day. The Pap of Glencoe (allow 4 hours) provides a tremendous 360 degree panorama at the top stretching across to the Mamores, Ben Nevis, Glencoe and Lochs Leven and Linnhe.

At the 'top' end of the scale you have the Aonach Eagach (6-8 hours) ridge which is not for the faint hearted or inexperienced. The views and scrambling are fantastic, and my preference is for a cloudy day when you can't see the drops! Slightly further afield you have the Mamores, Ben Nevis and the Glen Etive peaks.

Several sections of the West Highland Way make for great walking – the Devils Staircase across to Kinlochleven being particularly spectacular.

Although we've walked most of the mountains in the area the best route descriptions are found on the excellent [Walk Highlands](#) website. We can give you more personal advice during your visit.

If it's just too wet to motivate you up a hillside, why not visit the award-winning [Ice Factor](#) in Kinlochleven (20 minutes drive or bus from Glencoe Village). Here you can spend a day indoor climbing on wood or resin purpose built walls or why not try your hand at Ice Climbing on Europe's largest indoor ice wall. Tuition and equipment hire is available for both.

We have a fantastic drying room on site which you are free to use too.

Safety

The [Mountaineering Council of Scotland](#) has the following advice for those participating in activities in the mountains:

MCofS Participation Statement

“The MCofS recognises that climbing and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement”

Please make sure that you stay safe – explore within your own limits, be properly equipped with clothing and footwear, have enough food and water and know where you are going at all times – map and compass skills are essential. Keep your eye on the weather – the [Met Office](#) caters for low level walking and the [Mountain Weather Information Service](#) provides accurate mountain forecasts. In winter the [Scottish Avalanche Information Service](#) provides up to date avalanche forecasts. It's always worth leaving a route card with someone responsible too.